



# VEHICLE RESCUE IN RIVER

 **DURATION 1 day**



## FOR WHO

Aimed to all those who need to improve their skills in matter of intervention, specifically in case of vehicle in water, by using specific tools and rescue floatings.

This course is for all those who need to improve their skills in matter of intervention, specifically in case of vehicle in water, by using specific tools and rescue floatings.

Vehicle rescue in river is a very concentrated course of 1 day. It is necessary to own a valid Whitewater Technician Rescuer 1 certificate to have access to it.

Many car incidents put rescue teams in front of the necessity of learning how to get a vehicle out of water without compromising victim and rescuer's safety.

A flood is often characterized by a similar problem, with such risks for both drivers and rescuers.

This course is mainly aimed at firefighters, civil protection, public assistance and all those who intervene in case of flood or similar situations.

This course also leads to a specific knowledge of rescue vehicles, with paddles and motors.



## PREREQUISITES

good physical health, good swimming skills, valid Whitewater Technician Rescuer 1 certificate

## TRAINING

### METHODOLOGIES

Theoretical lesson, practical simulation. De-briefing

## @ INFO & BOOKING

[info@rescueproject.it](mailto:info@rescueproject.it)

[www.rescueproject.it](http://www.rescueproject.it)

0463.973278 - 3292743226



# PROGRAM

## Vehicle rescue in river

 **DURATION 1 day**

### HOURS

### ACTIVITIES & CONTENT

|                      |   |
|----------------------|---|
| <b>8:30 – 12:30</b>  | Presentation of the course – theoretical lesson: <ul style="list-style-type: none"> <li>• The problems related to a vehicle in water</li> <li>• How to approach the area by swimming or with paddle/motor floating</li> <li>• Stabilization of the vehicle</li> <li>• Priorities of rescue</li> </ul> Practical tests in water <ul style="list-style-type: none"> <li>- Stabilization of the vehicle</li> <li>- Tests of vehicle approaching by swimming</li> <li>- Tests of vehicle approaching by paddle or motor floating</li> </ul> |
| <b>12:30 – 13:30</b> | Lunch   |
| <b>13:30 – 17:30</b> | <ul style="list-style-type: none"> <li>- Tests of vehicle approaching by paddle or motor floating</li> <li>- How to get the person out of the car</li> <li>- How to get the person out from the top of the car</li> <li>- Tyrolean system</li> <li>- First assistance tests</li> </ul>  |
| <b>17:30 – 19_00</b> | <ul style="list-style-type: none"> <li>- Debriefing</li> <li>- Evaluation</li> <li>- Licenses and greetings</li> </ul>  |



### EQUIPMENT

Each participant must bring :

- River shoes or sport shoes
- 5 mm neoprene wetsuit or dry suit and proper clothing under the suit
- Homologated helmet + lashing

You can rent all the equipment by booking it at the reception and communicating size, weight and height.

It is suggested to bring snacks and drinks based on saline supplements. It is fundamental to communicate to the instructor any possible shortcoming of the activity.



### GOALS

- **Knowing the problems** related to vehicle rescue in water
- **understanding** the currents to know how to approach the area
- knowing how to **use floatings** and main techniques of approach and rescue
- **practicing** main first aid techniques
- **knowing** how to get a person and car out of water in safe conditions